

# NETWORK of Styrian Women's and Girls' Counselling Centres

Together and **enjoying equal rights**, all counselling centres form the “**Network of Styrian Womens' and Girls' Counselling Centres**”.

The network is being coordinated by the State of Styria's A6 Department of Societal Matters

## Principles

Women and girls are **experts** for their own everyday lives.

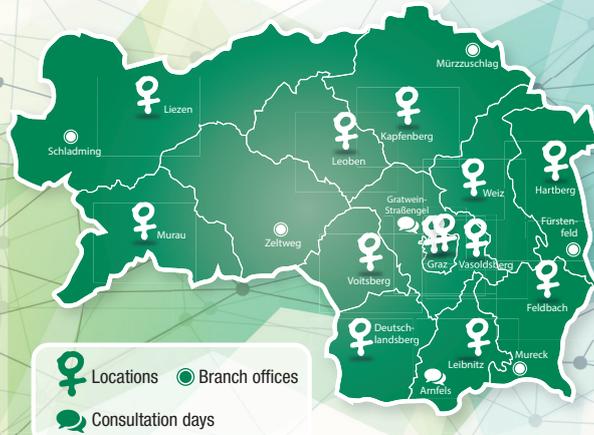
The Styrian Women's and Girls' Counselling Centres empower and inform women and girls and promote independent decision making.

Often, women and girls are expected to live up to certain expectations. For every individual person, we attempt to find out how they can make more independent decisions.

Of particular importance are **voluntary action, confidentiality** and **anonymity**.

We employ experts in many different fields.

We provide counselling to women and girls in such a way that they can solve problems independently and in their own individual way.



## Offers

- a regional point of contact for women and girls in all their diversity
- comprehensive information
- psycho-social counselling and support, legal advice
- education, public relations and networking
- non-partisan and interdenominational work
- free and barrier-free
- a focus on an intersectional approach and potential dimensions of inequality such as age, disabilities, socio-economic factors, origin and culturally religious background, sexual orientation, gender identities, etc.
- ONLINE counselling



You can find all members of the Styrian Women's and Girls' Counselling Centres online at:  
[www.frauen.steiermark.at](http://www.frauen.steiermark.at)

**We kindly ask you to make an appointment!** If required and by arrangement, an **interpreter** can be organised when the appointment is being scheduled.



The Styrian **Women's and Girls' Counselling Centres** are open points of contact for **all** women and girls, offering professional and qualified support – with personal, work-related, health-related, legal and economic issues.

### Counselling and information

Psycho-social counselling and legal information – via telephone, e-mail or in person (by appointment)

### Networking and cooperation

The Styrian Women's and Girls' Counselling Centres cooperate with other relevant institutions such as women's shelters, debt counselling centres, the police etc.

### Education and communication

An exchange and meeting platform offering events, group offers and education advice

### Support and crisis intervention

A point of contact in the event of acute crises, offering support establishing new perspectives

### Online counselling



Most Styrian Women's and Girls' Counselling Centres provide additional offers and activities.  
For more information visit the respective **website**.

